



SWEET START

ORGANIC STEEL CUT OATS GF/DF/NF/V	14
Highwood crossing oats, Saskatoon berry compote, Quebec maple syrup	
FRESH CARVED FRUITS GF/D/NF/VG	15
Seasonal fruits & berries, Fallen Timber honey & yogurt dip	
AVOCADO TOAST G/DF/NF	22
Crushed avocado on grilled European Bakery sourdough bread, Two Man's Organic Farm free run eggs cooked to your liking, Micro Acres brassica mix sprout salad, Greenland cherry tomatoes, extra virgin olive oil	
BUTTERMILK PANCAKE G/D/NF	21
Whipped cream, berries compote, Quebec maple syrup, icing sugar	
BREAKFAST BOWL GF/DF/N/VG	19
Coconut chia pudding topped with fresh berries, sliced almonds, shredded coconut, granola, Fallentimber honey drizzle	

BEVERAGES

Coffee	5.5
Tea	5.5
Juices	6
Hot Chocolate	7
Cappuccino	7
Latte	7
Americano	6

SAVORY START

THE CLASSIC EGGS BENEDICT G/D/NF	22
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Poached eggs on a toasted English muffin with peameal bacon, drizzled with hollandaise sauce and garnished with chives. Served with breakfast potatoes and fresh fruit

SMOKED SALMON EGGS BENEDICT G/D/NF	24
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Poached eggs on a toasted English muffin, layered with house made smoked salmon, dill hollandaise sauce, and pickled onions. Served with breakfast potatoes and fresh fruit

Below items are served with breakfast potatoes, seasonal fruits & your choice of white, whole wheat, sourdough or multigrain toast.
Egg white substitute available.

THE WOODSMAN GF/DF/NF	22
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Two eggs cooked to your liking, your choice of two pieces of bacon (GF), ham (GF), or pork sausages

3-EGGS FREE RANGE OMELET GF/D/NF	22
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Free-range eggs, Trafford Farm wild mushroom, smoked ham, aged cheddar

VEGETARIAN FAJITA FRITTATA GF/D/NF/VG	22
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Eggs with sautéed bell peppers, onions, spinach, Greenland tomato, seasoned with Codos Signature Spice Mix and topped with queso fresco

We proudly use
Mans Farm Organic Free Run
Eggs
in all our dishes

SIDES

Seasonal Fresh Fruit	7
Peameal Bacon (3 pieces)	6
Muffin	4
One free range Egg Any Style	4
Bagel	4
Smoked Bacon (4 pieces)	5
Gluten Free Bread (2 Slices)	4
Croissant	4
Toast (2 Slices)	4
Pork Sausage (3 pieces)	6

START THE DAY RIGHT

GF GLUTEN FREE VG VEGETARIAN DF DAIRY FREE NF NUT FREE V VEGAN G CONTAINS GLUTEN D CONTAINS DAIRY N CONTAINS NUTS

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Although we do our best to maintain an allergy friendly kitchen, all items may come into cross contamination with any and all allergens. Please inform staff of any dietary restrictions, allergies or concerns. Any split meal will incur a surcharge of \$3. A 20% gratuity will be added to groups of 13 or more.